
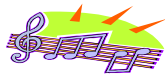






**FEBRUARY 2012
CALENDAR OF EVENTS
"THE GATHERING PLACE"**

Open Monday through Thursday
8:00 a.m.-3:30 p.m.
Friday 8:00 a.m.-2:00 p.m.
Saturday 8:00 a.m.-11:00 a.m.
231-325-3720
OR TOLL FREE 1-877-277-1306



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><i>Cost for <u>Senior Meals</u></i></p> <p>Lunch: (M, W, Th, F) \$3.00 (Suggested Donation)</p> <p>(Tuesday) \$4.00</p> <p>Breakfast Buffet: (Saturday) \$5.00</p>	<p align="center"><i>Cost for <u>Non-Senior Meals</u></i></p> <p>Lunch: (M - F) \$7.50 (Children's prices reduced)</p> <p>Breakfast Buffet: (Saturday) \$6.25</p>	<p>1</p> <p>9:00 HEARING CLINIC</p>  <p>10:00 Ex w/Doris 11:30 Lunch 1:00 BINGO</p>	<p>2</p> <p>10:00 Bible Study 11:00 Blood Pressure 11:30 Lunch 1:00 BUNCO 1:00 Sign Language</p>	<p>3</p> <p>8:00 Exercise 9:30 BUNCO 11:30 Lunch</p> <p>12:00 Thompsonville</p>  <p>1:00 Wii Bowling</p>	<p>4</p>  <p>8:00 Breakfast Buffet \$5.00</p>
<p>6</p> <p>8:00 Exercise 10:00 Yoga Exercise</p>  <p>11:30 Lunch 12:30 Pinochle</p>	<p>7</p> <p>10:30 Music by The Melody Makers</p>  <p>11:30 Lunch \$4.00 3:30 Yoga</p>	<p>8</p> <p>10:00 Ex w/Doris 11:30 Lunch 1:00 BINGO</p>	<p>9</p> <p>9:00 TC SHOPPING 10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p> 	<p>10</p> <p>8:00 Exercise 9:30 BUNCO 11:30 Lunch</p>  <p>1:00 Wii Bowling</p>	<p>11</p>  <p>8:00 Breakfast Buffet \$5.00</p>
<p>13</p> <p>8:00 Exercise 10:00 Yoga Exercise 11:30 Lunch 12:30 Pinochle</p> 	<p>14</p> <p>Happy Valentine's Day</p> <p>10:30 Music by The Melody Makers 11:30 Lunch \$4.00 3:30 Yoga</p>	<p>15</p> <p>10:00 Ex w/Doris 11:30 Lunch 12:30 BINGO (1 game) 1:30 BCCOA Board Meeting</p> 	<p>16</p> <p>10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p> 	<p>17</p> <p>8:00 Exercise 9:30 BUNCO 11:30 Lunch</p> <p>1:00 Wii Bowling</p>	<p>18</p>  <p>8:00 Breakfast Buffet \$5.00</p>
<p>20</p> <p>CLOSED</p> <p>PRESIDENT'S DAY</p> 	<p>21</p> <p>NO MUSIC TODAY</p> <p>11:30 Lunch \$4.00 3:30 Yoga</p>	<p>22</p> <p>10:00 Ex w/Doris 11:30 Lunch 1:00 BINGO</p> 	<p>23</p> <p>10:00 Bible Study 11:30 Lunch 1:00 BUNCO</p>	<p>24</p> <p>8:00 Exercise 9:30 BUNCO 11:30 Lunch 1:00 Wii Bowling 6:00 OL' TIME GATHERING</p>	<p>25</p>  <p>8:00 Breakfast Buffet \$5.00</p>
<p>27</p> <p>8:00 Exercise 10:00 Yoga Exercise 11:30 Lunch 12:30 Pinochle</p> 	<p>28</p> <p>10:30 Music by The Melody Makers</p>  <p>11:30 Lunch \$4.00 3:30 Yoga</p>	<p>29</p> <p>10:00 Ex w/Doris 11:30 Lunch 1:00 BINGO</p> 	<p>30</p> <p>10:00 Bible Study</p>  <p>11:30 Lunch 1:00 BUNCO</p>	<p><u>Saturday's Breakfast Buffet</u></p> <p>Eggs Sausages Potatoes Biscuits & Gravy Waffles Fruits Juices and more</p>	



"GATHERING" INFORMATION



Wednesday, February 15

1:30 P.M. Benzie County Council on Aging Board Meeting at The Gathering Place

Overnight Casino Trip

On February 15 and 16, Pauline's Tours will be taking us on a whirlwind casino trip to the Upper Peninsula, staying overnight at the casino's hotel in Sault Ste. Marie. Generous rewards will be given at each casino, as well as a dinner buffet and breakfast buffet at the Soo's casino. Only \$60 per person. Call 231-325-3720 (The Gathering Place) or 231-258-9423 (Pauline's Tours) for more details.

HAPPY FEBRUARY!! Only another month (or two) of winter! YAAA! This month we will be breaking out of our winter blahs with a Valentine's Day celebration and other fun stuff. And of course *everyday* is a reason to celebrate at The Gathering Place! So scrape off that snow and come join us for one of our regular activities or just stop by for a fabulous meal Happy February to you all and hope to see you soon! ☺

Monday, February 6, 13 and 27 (no exercise 02/20)

8:00 a.m. Free Style Exercise What a great way to start the day! Using video tapes, participant's work-out at their own pace.

Monday, February 6, 13 and 27 (no exercise 02/20)

10:00 a.m. Yoga Exercise for those of you who like to exercise in the morning, but not at 8:00 a.m.! No experience is necessary.

Monday, February 6, 13 and 27 (no exercise 02/20)

12:30 p.m. Pinochle This Pinochle group is going strong! Weekly teams will be formed on site. All experience levels invited. \$1.00

WELLNESS SERIES.....beginning in February we will be starting a monthly "Wellness Series" at The Gathering Place. They will normally be held the third Monday of the month at 1 p.m. EMS Director, Craig Johnson, will cover different topics each month and will also have staff on site for glucose and blood pressure checks. Stay tuned for February's date as the third Monday falls on a holiday.

Tuesday, February 7, 14 and 28 (No music 2/21)

10:30 a.m. - 1:30 p.m. The Melody Makers provide the music for your listening and dancing pleasure! Music starts at 10:30 a.m. Lunch 11:30 a.m. *Cost for Tuesday's meal for Seniors is \$4.00.*

Tuesday, February 7, 14, 21 and 28

3:30 p.m. Mary Jane's ongoing **Chair Yoga** class is still meeting at The Gathering Place. All physical activity levels are welcome. \$5.00

Wednesday, February 1

9:00 a.m. - 12:00 p.m. Hearing Clinic, sponsored by *Miracle Ear*, will be held to give free hearing tests as well as check and service hearing aides. *Call 1-800-459-5992 for appointment. Tests are now held at the BCCOA Administration Office!*

Wednesday, February 1, 8, 15, 22 and 29

10:00 a.m. Exercise with Doris Get your day's exercise in with Doris and friends as they exercise and strengthen their bodies!

Wednesday, February 1, 8, 15, 22 and 29 (12:30 on 2/15)

1:00 p.m. BINGO!! Everyone's a winner at this game! Prizes awarded. \$1.00/\$2.00 donations.

Thursday, February 2, 9, 16 and 23
10:00 a.m. Seniors with a Purpose Bible Study is always welcoming others to join this group! Bring your bible.

Thursday, February 2, 9, 16 and 23

1:00 p.m. BUNCO!! This dice game is soooo fun! You have to try this!! Be prepared for a lot of laughter. \$1.00 donation.

Thursday, February 2

1:00 p.m. Practice Conversation Sign Language with Bobbi Have fun while learning some simple sign language. No charge. All ages invited.

Thursday, February 9
9:00 a.m. Traverse City Shopping Do you need to go to Traverse City and don't want to take the bus? Call 325-4851 for details and reservations. *We'll even pick you up at your house!!*

Friday, February 3, 10, 17 and 24

8:00 a.m. Free Style Exercise What a great way to start the day! Using video tapes, participant's work-out at their own pace.

Friday, February 3, 10, 17 and 24

9:30 a.m. BUNCO! This fun, simple "roll of the dice" game is one of our most popular activities! Lots of fun! \$1.00 donation.

Friday, February 3, 10, 17 and 24

1:00 p.m. Wii Bowling Join us in playing this fun video bowling game. It's easy! It's fun! No experience needed and lots of cheering and laughter! No charge.

Friday, February 24
6:00 p.m. Ol' Time Gathering There will be fun, food, music and fellowship on Friday, February 25 at The Gathering Place. Music (acoustic) will start at 6 p.m. with a potluck at 7 p.m. Come and enjoy this "Ol' Time Gathering" Call Oscar at 275-7381 for more information.

A FEW REMINDERS!

When Benzie Central Schools are closed for inclement weather, The Gathering Place will also be closed. There will be **NO** Home Bound Delivered meals that day.

BENZIE COUNTY COUNCIL ON AGING AND THE GATHERING PLACE WILL BE CLOSED MONDAY, FEBRUARY 20 IN OBSERVANCE OF PRESIDENT'S DAY.